



DIAZ RESOURCES LTD.

1800, 633 Sixth Avenue S.W.
Calgary, Alberta
T2P 2Y5 Canada

The following is for immediate release in Canada, March 20, 2008

DIAZ ANNOUNCES YEAR END RESULTS AND RESERVES SUMMARY

Diaz Resources Ltd. (TSX: DZR) ("Diaz") announces that it has filed its 2007 MD&A, Financial Statements, and Annual Information Form ("AIF").

2007 was a difficult year for Diaz due to unsatisfactory exploration results, the deterioration of natural gas industry fundamentals and proposed negative regulatory changes.

While the foregoing negative factors have depressed industry activity, and stock prices of energy companies in Canada, the management of Diaz is optimistic that more positive factors now exist which could lead to a significant improvement during 2008.

Exploration and Development

United States

In the United States, Diaz participated in drilling 3 wells (0.5 net) during 2007. The Cheney #1 well was fracture stimulated on March 8, 2008, the well is being production tested and is producing 100 Mcfd which does not warrant installation of production facilities, at this time. Drilling and logging at N.W. Speaks, Robertson #1 well should be completed by March 31, 2008. The Black Owl #1 well has been producing on average 1.4 MMcfd (net 340 Mcfd) with 23 barrels (net 5.6 barrels) of condensate per day since early November 2007.

Canada

During 2007, Diaz participated in drilling or re-entering 15 wells (7.2 net) resulting in 8 gas wells (3.7 net), 4 oil wells (1.5 net) and 3 dry holes (2.2 net). In the first Quarter 2008 Diaz has connected two new gas wells, one new oil well and reworked an existing oil well which will add to Canadian production.

Financial

Revenue for 2007 totalled \$12.1 million compared with \$14.9 million for 2006. Cash flow from operations decreased to \$5.4 million, or \$0.08 per share compared with \$8.6 million or \$0.14 per share in 2006. Diaz reported a loss for the year of \$1.6 million or \$(0.02) per share versus income of \$1.5 million or \$0.02 per share in 2006.

Capital expenditures for 2007 totalled \$10.9 million compared with \$14.2 million in 2006 and were financed from cash flow, capital dispositions, a \$7.1 million convertible debenture financing and a \$1.0 million flow-through share financing.

Diaz completed 2007 with a net current debt of \$8.5 million versus \$11.2 million at the beginning of the year. Diaz also had outstanding convertible debentures of \$7.1 million that mature on March 26, 2012.

Production

Natural gas production for the year decreased to average 4.6 MMcfd from 6.0 MMcfd for 2006 and oil production decreased to average 97 Bopd for 2007 compared with 130 Bopd for the prior year.

In Canada, 2007 average natural gas production was down 11% to 2.7 MMcfd from 3.0 MMcfd in 2006. Gas production in the United States was down 36% to average 1.9 MMcfd for 2007 compared with 3.0 MMcfd in 2006.

Reserves and Reserves Values

The independent engineering evaluation of Diaz's properties assigned proved reserves before royalties of 2.4 million BOE and total reserves before royalties totaled 4.8 million BOE at December 31, 2007. These reserve estimates result in a before tax present value of estimated future net revenues, discounted at 10%, of \$83.2 million.

Business Outlook

Diaz has an improved market outlook for the natural gas industry in 2008. The first quarter of 2008 looks to be exciting for the Company as the drilling of the N.W. Speaks Robertson #1 well, Lava County, Texas should be completed. In Canada two new gas wells, one new oil well and the rework of an existing oil well will add to Canadian production. For 2008 the Company plans to carefully manage its cash and to develop existing reserves while maintaining a reduced exploration program. The Company's number one priority for 2008 is to optimize existing oil and gas properties.

SUMMARY OF OIL AND GAS RESERVES
AND NET PRESENT VALUES OF FUTURE NET REVENUE
AS OF DECEMBER 31, 2007
FORECAST PRICES AND COSTS

<u>COMPANY TOTAL</u>	RESERVES								RESERVES	RESERVES
	LIGHT AND MEDIUM OIL		HEAVY OIL		NATURAL GAS		NATURAL GAS LIQUIDS		TOTAL	TOTAL
	Gross (MBbl)	Net (MBbl)	Gross (MBbl)	Net (MBbl)	Gross (MMcf)	Net (MMcf)	Gross (MBbl)	Net (MBbl)	Gross (MBOE)	Net (MBOE)
RESERVES CATEGORY										
PROVED										
Developed Producing	150	148	-	-	6,473	5,300	53	39	1,282	1,071
Developed Non-producing	33	26	-	-	1,344	999	8	6	265	199
Undeveloped	-	3	-	-	7,128	4,236	22	15	873	724
TOTAL PROVED	183	177	-	-	12,922	10,535	83	60	2,420	1,994
PROBABLE	76	78	-	-	13,742	10,774	31	23	2,397	1,897
TOTAL PROVED PLUS PROBABLE	259	255	-	-	26,664	21,309	114	83	4,817	3,891

<u>COMPANY TOTAL</u>	NET PRESENT VALUES OF FUTURE NET REVENUE									
	BEFORE INCOME TAXES					AFTER INCOME TAXES				
	DISCOUNTED AT (% per year)									
RESERVES CATEGORY	0	5	10	15	20	5	10	15	20	
	(MM\$)	(MM\$)	(MM\$)	(MM\$)	(MM\$)	(MM\$)	(MM\$)	(MM\$)	(MM\$)	
PROVED										
Developed Producing	43.2	35.8	30.8	27.0	24.2	31.8	27.4	24.0	21.6	
Developed Non-producing	6.1	5.2	4.6	4.1	3.6	4.8	4.3	3.8	3.5	
Undeveloped	24.4	16.5	12.0	20.2	7.2	12.9	9.3	7.1	5.6	
TOTAL PROVED	73.7	57.5	47.4	40.2	35.0	49.5	41.0	34.9	30.7	
PROBABLE	91.1	52.8	35.8	26.5	20.8	35.8	24.1	17.7	13.8	
TOTAL PROVED PLUS PROBABLE	164.8	110.3	83.2	66.7	55.8	85.3	65.1	52.6	44.5	

More detailed information including pricing assumptions and reserve classifications can be found in the Company's AIF which has been filed.

SEDAR Filings

Further information regarding financial and operating results may be obtained at www.sedar.com, where the Company's MD&A and financial statements have been filed.

Diaz has also filed its Annual Information Form which includes the Company's reserves data and other oil and gas information for the year ended December 31, 2007, as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators. Copies of Diaz's AIF may be obtained at www.sedar.com.

Summary of Operations

(Thousands, except per share amounts)	Years Ended December 31	
	2007	2006
Financial		
Total revenue	\$ 12,082	\$ 14,925
Cash flow from operations	5,429	8,578
per share, diluted	0.08	0.14
(Loss) earnings for the period	(1,605)	1,455
per share, diluted	(0.02)	0.02
Capital additions	10,853	14,230
Dispositions	853	157
Net current debt	8,542	11,235
Convertible debentures*	5,832	-
Total assets	\$ 60,794	\$ 59,745
Total shares outstanding	67,239	63,848
Operations		
Production		
Gas (MMcfd)	4.6	6.0
Oil (Bopd)	97	130
BOEd (6 Mcf = 1 Bbl)	865	1,136
Product Prices		
Gas (\$/Mcf)	7.17	7.07
Oil (\$/Bbl)	67.39	63.95
Reserves (proved plus probable, future costs and prices)		
Gas (Bcf)	26.7	27.8
Oil (MBbl)	373.0	437.0
BOE (Millions)	4.8	5.1
Present value, before tax (\$Millions at 10%)	\$ 83.2	\$ 93.9
Undeveloped land holdings (net acres)		
Canada	46,581	52,551
United States	1,853	1,830
Total net acreage	48,434	54,381

* Convertible debentures issued in Q1 2007, have a face value of \$7.1 million and mature on March 26, 2012.

BOE Presentation – the term barrels of oil equivalent (BOE) may be misleading, particularly if used in isolation. A BOE conversion ratio of 6 Mcf: 1Bbl is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. All BOE conversions in this report are derived by converting gas to oil in the ratio of six Mcf of gas to one Bbl of oil.

It should not be assumed that estimates of future revenues presented in this press release represent fair market value of the reserves.

Financial Reporting – all numbers are reported in Canadian dollars.

FOR FURTHER INFORMATION, PLEASE CONTACT:

Robert W. Lamond, Chairman – or – Donald K. Clark, Chief Operating Officer

DIAZ RESOURCES LTD.

Telephone: (403) 269-9889

Fax: (403) 269-9890

Website: www.diazresources.com

Email: info@diazresources.com

TSX: DZR

Forward-looking statements – statements included in this press release that are not historical facts may be considered “forward-looking statements.” All estimates and statements that describe the Company’s objectives, goals or future plans are forward-looking statements. Forward-looking statements involve inherent risks and uncertainties where actual results could differ materially from those currently anticipated.

THE TORONTO STOCK EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT
RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.